



恋ヶ窪

こども★おとな
ファミリー鍼灸指圧院

Koigakubo Family Shinkyu-Shiatsu-In

For children and everyone who used to be a child

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About the Practitioner

Welcome

“When I was a child, I was often sick and helped by acupuncture.

I studied acupuncture so I could help others in a similar situation.

I hope the practitioners who helped me as a child are watching over me from heaven, assisting me as I do my best to help children and everyone who used to be a child”.

Practitioner / Koichi Hamano

Bio

After working as a projectionist, a film publicist, a film journalist, a translator, and a stage director, Koichi Hamano graduated Nihon Shinkyu Riryō Senmon-gakko in 2006. Since then, he has been practicing pediatric acupuncture, meridian therapy and meridian shiatsu.

In 2020, he opened Koigakubo Family Shinkyu-Shiatsu-In.

Since the Great East Japan Earthquake, he has been involved in volunteer work in disaster areas, including Fukushima, Miyagi, Kumamoto and Okayama.

Since 2013, he has served as a director of a nonprofit organization Shinkyu Chiiki-Shien Net which supports the victims.

In 2021, he established HART Kanto(Hari-net Acupuncture/moxibustion/massage Relief Team Kanto) and has been working as its chief director. Its mission is to support child-rearing and disaster victims.

Koichi Hamano is a licensed acupuncturist, moxibustionist, and anma/massage/shiatsu master which are national qualifications.

The practitioner has received approval to operate from Tachikawa Health Center.

Testimonial

“Mr. Hamano, along with disaster volunteer NPO Shinkyu Chiiki-Shien Net, worked without pay for more than four years for parents and children in

Kawamata Town, Fukushima Prefecture, who suffered from radiation both mentally and physically since the 2011 earthquake.

We were always healed by his treatment and by telling him our concerns.

More than 1,440 parents and children received the treatment and said, "My child's crying at night decreased", "I started to feel more at ease".

When their activities ended, it was regrettable.

Thank you very much, Mr. Hamano. Congratulations on opening the Shinkyu-Shiatsu-In. We wish you success in your local area.

Sachiko Kanno (NPO Community Chabatake chief director)

Ms. Kanno has been supporting child rearing and the elderly in Kawamata since 2006.

Safety

Infection Prevention

We take infection control measures based on the Standard Precautions of CDC.

We use disposable needles and dishes.

Disaster Prevention

In 2020, we carried out earthquake-resistant construction and have achieved an evaluation of "not collapsing" even if an earthquake with a seismic intensity of 7 comes.

In the treatment room, we take measures to prevent the shelves from falling and the cabinet doors from opening.

About the Treatment

Mindset

Anyone can cure their disease as long as they have sufficient life force.

Acupuncture/Moxibustion/Shiatsu will help you demonstrate your ability to recover on your own.

1. Shonishin (Pediatric Acupuncture)

"My baby cries at night". "My baby is constipated". "My baby doesn't stop crying".

Parents who have such problems visit us.

Some want to improve their children's symptoms of asthma, atopic dermatitis, hay fever, bed-wetting, etc.

Some care about the health of their children with congenital disabilities or ASD.

"My child often catches colds", "She's too tired to get up in the morning", say others.

Please feel free to consult us about anything.

If necessary, we will introduce you to a medical institution.

Shonishin has developed since the Edo period and has various tools and methods.

Our method is non-invasive, just touching gently, so even new born babies can receive this type of treatment.

The treatment time is, for example, about 1 minute for a baby and 15 minutes for a 10-year-old child.

In rare cases, a temporary fever or diarrhea may occur, and symptoms may worsen as a side effect. To avoid these, we will adjust the dose of stimulation, so be sure to let us know, if your child experiences any side effects at all.

2. Traditional Meridian Acupuncture/Moxibustion/Meridian Shiatsu

Diagnosis is made by examining your pulse. The treatment seeks to balance your whole body using traditional methods, based on the Yin-Yang and Five Elements Theories.

Depending on your constitution and symptoms, sometimes non-invasive touching needle is used instead of normal insertive acupuncture.

Moxibustion is provided in such a way that it does not burn your skin.

Since Shiatsu is also for balancing, unnecessary strong/unpleasant stimulation will not be given.

Light therapy may be used in some cases.

The treatment takes no more than 60 minutes usually.

In rare case, a side effect may result in temporary worsening of symptoms, physical weariness, etc. In that case, please be sure to let us know. Correcting treatment is performed as necessary. To avoid side effects, we will adjust the dose of stimulation.

Fees (Per person/Tax included)

Standard: 4,500 yen

Shonishin: 500 yen

Junior High/High School Student: 2,000 yen

Student 18 years and older: 3,000 yen

Parent and child set: 1,000 yen for a parent (services are limited)

+ 500 yen for a Shonishin treatment

Partial treatment (hay fever, easy delivery moxibustion, muscle pain, motion sickness prevention, etc.) : 500 yen

Acute and short-term symptoms (acute low back pain, fever, sprain, etc.) :

9,000 yen for 3 times or 12,000 yen for 5 times

House call: +1,000 yen (+ actual transportation expenses)

A membership system is available if you want to manage your condition regularly.

Please contact us for details.

If you have difficulty paying the fee for economic reasons, we can accept the following fees.

Please present documents that show your gross household income in the previous year such as tax-free certificates.

General: 0.1% of the total annual income of households in the previous fiscal year

Pediatric acupuncture: 0.01% of the total household income in the previous year

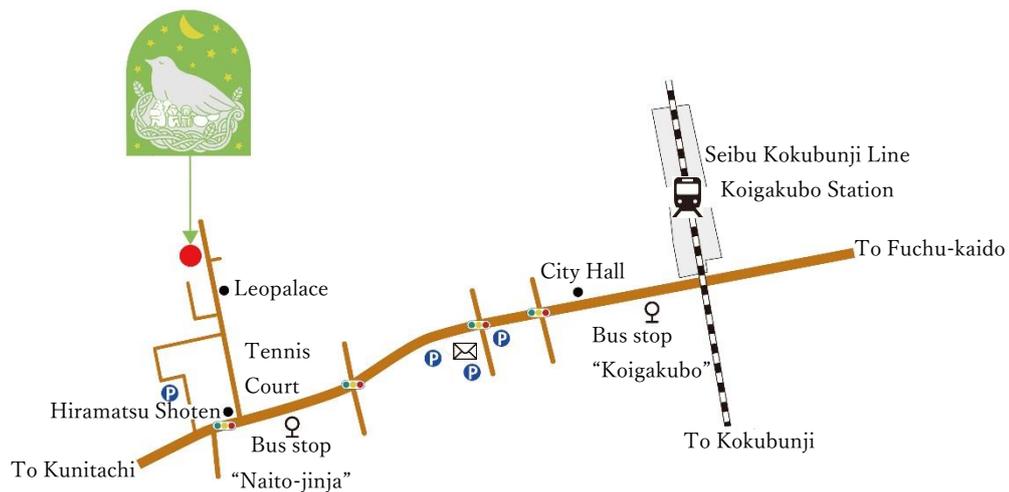
Example) In the case of gross household income 2 million yen:

Standard: 2,000 yen

Shonishin : 200 yen

Access

2-7-6 Tokura, Kokubunji-shi, Tokyo



8min walk from Koigakubo station.

3 min walk from Naito-jinja bus stop.

Please use the pay parking lots in the neighborhood.

Hours for First Visitors

Tuesday to Saturday 6:30am-6:00pm (excluding holidays)

We are closed irregularly.

Reservation required.

Inquiries

Please use the form in "Inquiries" in our homepage.

Lectures and Seminars

1. For Anyone Interested in Oriental Medicine

As a member of HART Kanto(Hari-net Acupuncture/moxibustion/massage Relief Team Kanto), a volunteer organization for disaster and child-rearing support, I serve as lecturers for various programs.

If you are interested in holding lectures and seminars, please contact us.

We have programs such as "Trial Sessions of Pediatric Acupuncture/ Acupuncture/Moxibustion" "Breath Methods" "Baby Massage" "Way of Life based on Oriental Wisdom" and others.

For requests, please contact us.

2. For Anyone Learning Acupuncture

As a member of the NPO Shinkyu Chiiki-Shien Net, I have been serving as a lecturer on themes such as "Disaster Support" "Introduction to Pediatric Acupuncture" at schools and other seminars.

For instructor requests, please contact us.

We also offer private instruction.

Referral required.

Please apply in pairs.

No fee required.

About the Cover Illustration Painter

Harada Takehide

For 44 years until February 2019, he was involved in the promotion of world films at Iwanami Hall in Tokyo. Along the way, he made picture books such as the series of "Dr. Pachelard". He won the UNICEF Ezra Jack Keats Award for "Francesco". He has written many books related to Georgia, such as "Pirosmani, a Wandering Holy Painter".